

altitude

SUMMER 2007

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Beach babe

Nicky Hambleton-Jones gives her holiday fashion tips

The big breakfast

The changing face of modern B&Bs

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Kirsten Dunst on coming of age, coping with the press and calling time on love

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Notes on an island

We take a look at what makes Britain great





the big breakfast

The B&B has been adopted abroad and it's a far cry from the traditional, British experience, says Claire Harries.

Candlewick bedspreeds, net curtains, neon 'vacancy' signs and burnt toast spring to mind when you consider the traditional British bed and breakfast, or B&B as it's popularly known. However, while looking for a holiday last year, I began to consider alternatives to the large hotels and discovered a wealth of B&B accommodation in a variety of countries, all of which challenged my original perception of the B&B. To stay in a B&B isn't unlike being a house guest; indeed, some owners will not only cook a fabulous breakfast, but will also sit and eat with you. A leisurely and informal chat over breakfast is surely a more convivial way to plan your day than popping down to the tourist office for some brochures. Part of the fun of travelling abroad is, of course, experiencing the local cuisine, and if you're staying at a B&B, there's no temptation to hunker down in front of the TV and order room service – you have to get out there and find some restaurants. You'll also be surprised at the range of amenities on offer – for example, many B&Bs have private swimming pools and beautiful verandas on which to enjoy your breakfast and the surrounding views. We've found five fantastic B&Bs, all of which will make your holiday feel less like a weekend with Aunt Edna and more like breakfast at Tiffany's.

Turkey

Dalyan Garden Pension, Dalyan



Londoners Ercan and Cathy have succeeded in bringing some Notting Hill chic to their Turkish guest house. Smart yet friendly and informal, Dalyan Garden Pension is ideal for a family holiday. Walk through the beautiful Mediterranean garden to find a welcoming swimming pool. There's also a children's pool, shaded patio areas and plenty of sun loungers. The pension is half an hour away from Dalaman airport and

just a 15-minute walk to the centre of Dalyan. Alternatively, you can help yourself to one of the bicycles provided and explore the surrounding area. Choose from eight spacious air-conditioned rooms and specify when booking whether you require double or single beds.

More info:

www.dalyangardenpension.co.uk
XL frequently flies to Dalaman from all around the UK. Go to www.xl.com.

